



CYP SUMMER RETREAT 2009 Current River



When: July 10th – July 12th

- Leave the church building at 8am, Friday the 10th (if you can't leave at this time you can meet us there – see available map)
- Returning to the church building around 7:00pm, Sunday, July 12^h

Where: The Current River in southeast Missouri, near Eminence

Cost: \$35.00 per person

caving
on the
river

Friday the 10th

- 8:00am - Leave the church building – we will take a bus
- 12:00pm – Lunch in Springfield, Missouri – picnic in the park or eat out
- 2:00pm - Arrive at Round Spring Campground north of Eminence and setup camp
- 6:30pm – supper in camp, then games in camp for the evening

Saturday the 11th

- 8:00am - breakfast in camp
- 8:45 – pick-up at camp by Cars Canoe Rental
- 9:15 – travel to put-in spot on the river and start trip
- 12:00 – lunch on the river
- 4:00 – finish float trip at campsite
- 6:00 – supper in camp
- 7:00 – games in camp for the evening

Sunday the 12th

- 8:00 – wake-up, breakfast in camp
- 9:00 – break camp
- 10:30 – church service at Alley Springs
- 12:30 – eat out in Mtn. View Missouri
- 4:00 – church on the way home – Joplin area
- 7:00 – arrive back at church building

Optional items:

- Camera
- Canoe seat back – nice
- Bandana for protecting neck
- Snacks for river
- Waterproof dry-bag
- Your personal PFD – a PFD is provided by the outfitter
- Collapsible camp chair
- Head lamp or extra flashlight for caving
- Battery powered fan for sleeping comfort

What to take: *soft luggage/gear bags work the best for camping and travel of this kind*

- blanket and sheet - recommended or sleeping bag and pillow (remember, it will be warm at night)
- foam pad or air mattress
- swimming/water clothes – please be modest!
- water shoes – strap-on sandals, slip-on water shoes or old tennis shoes (flips-flops don't work)
- sun screen lotion – spf of 30 or more
- towels – one for camp and one for using on the river
- insect repellent, chap stick
- flashlight with fresh batteries – be sure to take on river if you want to cave
- Rain gear – jacket

- cap or hat for the river – *important, don't forget*
- sunglasses (a strap to hold them on is nice)
- water bottle – an old quart pop bottle works well
- bag to carry stuff in the canoe – day pack or book bag – use zip-lock bags to keep important stuff dry
- change of clothes for each day
- personal hygiene and health care stuff with something to carry them in to the showers
- sleeping clothes